

Guide to Majors and programs

Family Studies and Human Services

The K-State School of Family Studies and Human Services, or FSHS, offers its bachelor's degree program (general option) on the K-State Salina campus. The program focuses on the processes underlying human development in a family context across the life cycle. Students learn to implement and assess programs and services designed to strengthen and enhance individual and family well-being.

Careers for people who like to work with people

Graduates in family studies and human services work in youth programs, family social service programs, residential programs, the courts, cooperative extension, higher education, public health departments, 4-H and youth development programs, mental health centers, nursing homes and churches.

Curriculum requirements

(124 credit hours required for graduation)

Students who choose family studies and human services may select either the internship option to become a Certified Family Life Educator or select an area of concentration from family studies and human services, American ethnic studies, leadership studies, political science, psychology, sociology, gerontology or women's studies.

General requirements (39–40 credit hours)

Communications requirements (8 – 9 credit hours)

Hrs. Courses

3	ENGL 100	Expository Writing I
3	ENGL 200	Expository Writing II
2	COMM 105	Public Speaking IA
	or	
3	COMM 106	Public Speaking I

Social science requirements (12 credit hours)

2	ANTH 200	Introduction to Cultural Anthropology
	or	
3	ANTH 204	A General Education Introduction to Cultural Anthropology
3	ECON 110	Principles of Macroeconomics
3	PSYCH 110	General Psychology
3	SOCIO 211	Introduction to Sociology

Humanities electives (6 credit hours)

Choose two of the following:

3	COT 150	The Humanities Through the Arts
3	ENGL 251	Introduction to Literature
3	ENGL 325	Literature and Technology
3	HIST 320	History of Technology
3	PHILO 100	Introduction to Philosophical Problems
3	PHILO 105	Introduction to Critical Thinking
3	PHILO 130	Introduction to Moral Philosophy
3	SPAN 110	Conversational Spanish for the Workplace
5	SPAN 161	Spanish I

Natural sciences (7 credit hours)

One course must be taken in physical science and one in life science. One course must include a laboratory.

Life sciences

4	BIOL 198	Principles of Biology
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Physical sciences

3	CHM 110	General Chemistry
1	CHM 111	General Chemistry Lab
3	GEOL 100	Earth in Action
1	GEOL 103	Elementary Geology Lab
3	PHYS 101	The Physical World
1	PHYS 103	The Physical World Lab
4	PHYS 113	General Physics

Quantitative studies requirements

(6 – 7 credit hours)

3	MATH 100	College Algebra
	or	
3	MATH 205	General Calculus and Linear Algebra
	or	
4	MATH 220	Analytic Geometry and Calculus I
3	STAT 325	Introduction to Statistics

Professional studies (66 credit hours)

Note: Each of the professional studies courses requires a grade of C or higher.

Professional courses (39 credit hours)

0	FSHS 010	Orientation to FSHS
3	FSHS 110	Introduction to Human Development
3	FSHS 301	The Helping Relationship
3	FSHS 302	Introduction to Human Sexuality
3	FSHS 310	Early Childhood
3	FSHS 350	Family Relationships and Gender Roles

3	FSHS 506	Middle Childhood and Adolescence
3	FSHS 510	Human Development and Aging
3	FSHS 550	The Family
3	FSHS 552	Families and Diversity
3	FSHS 670	Working with Parents
3	FSHS 105	Introduction to Personal and Family Finance
	or	
3	FSHS 400	Family and Consumer Economics

Diversity elective

3	ENGL 450	Literature and Society
5	SPAN 110	Conversational Spanish
5	SPAN 161	Spanish I

Integrative studies (six credit hours)

3	GNHE 310	Human Needs
3	HN 132	Basic Nutrition
	or	
3	HN 352	Personal Wellness

Professional electives (24 credit hours)

Select 12 hours in courses numbered 100 or higher from any of the following areas.

	American ethnic studies	
	Anthropology	
	Family studies and human services	
	Gerontology	
	Leadership studies	
	Political science	
	Psychology	
	Social work	
	Sociology	
	Women's studies and	
3	FSHS 59	Capstone Experience in FSHS

and 9 hours in courses numbered 300 or higher from ONE of the areas listed above

or

FSHS Internship

1	FSHS 579	Orientation to Internship
8	FSHS 580	FSHS Internship
3	FSHS 585	Profession Seminar in FSHS

Unrestricted electives (18-19 credit hours)

High school preparation

Students who meet the Kansas high school graduation requirements are prepared to enter the family studies and human services program at K-State.

For more information about family studies and human services or about transferring course work from other institutions, contact:

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For more information about K-State at Salina, contact:

Office of Admissions
Kansas State University at Salina
College Center
2310 Centennial Road
Salina, KS 67401
1-800-248-5782 (toll free) or
785-826-2640
Email: admiss@salina.k-state.edu
www.sal.k-state.edu

For more information about Kansas State University, contact:

Office of Admissions
Kansas State University
119 Anderson Hall
Manhattan, KS 66506-0102
1-800-432-8270 (toll free) or
785-532-6250
Email: k-state@k-state.edu
www.k-state.edu/admissions

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